

Enid Mittens

By Anna Grimm

Use a yarn featuring a tonal colorway to provide interest without distracting from the cable motif of these mittens. Cable charts adapted from patterns by Hitomi Shida in the book "Japanese Knitting Stitch Bible"

Materials: DK weight yarn (I used Enid from Gwen Erin Natural fibers. With 340 yds I completed 2 pairs of mittens with a very small ball of leftover yarn shown in the picture to the left.), US size 2 and size 3 needles (my preference is magic loop so mine were both 40 inch circulars, but you do you.), stitch markers, tapestry needle to weave in ends.

Gauge: 26 sts and 36 rows over 4 inches using stockingnet stitch using size 3 needles.



Wrist

Using size 2 needles, CO 54, join to knit in the round (separate for the cable side to have 28 sts and palm to have 26)
Round 1: cable side: p2, k3, p2, k3, p2, k4, p2, k3, p2, k3, p2. Palm side *k2,p2*, end with k2
Repeat this round 19 more times.

Thumb Gusset Switch to size 3 needles. (use a stitch marker to keep track of your increases)

Right Mitten

Round 1: Knit chart row 1, k14, PM, M1L, k to end of row
Round 2: Knit chart row 2, k to end of round
Repeat these two rows 11 more times slipping marker and working up chart repeating rows 1-12 twice.
You have 66 sts and just finished chart row 12.
Round 25: Knit row 1 of chart, k1, transfer 12 sts to scrap yarn, CO 4 sts with backward e cast on, k1, sm, k24.
Round 26: Row 2 of chart, k30
Round 27: Row 3 of chart, ssk, k2, k2tog, sm, k24
Round 28: Row 4 of chart, k28
Round 29: Row 5 of chart, ssk, k2tog, sm, k24
Round 30: Row 6 of chart, k26 (remove marker this round)

Left Mitten

Round 1: Knit chart row 1, k12, M1R, PM, k14
Round 2: Knit chart row 2, k to end of round
Repeat these two rows 11 more times slipping marker and working up chart repeating rows 1-12 twice.
You have 66 sts and just finished chart row 12.
Round 25: Knit row 1 of chart, k 24 sts, sm, k1, transfer 12 sts to scrap yarn, CO 4 sts with backward e cast on, k1
Round 26: Row 2 of chart, k30
Round 27: Row 3 of chart, k24, sm, ssk, k2, k2tog
Round 28: Row 4 of chart, k28
Round 29: Row 5 of chart, k24, sm, ssk, k2tog
Round 30: Row 6 of chart, k26 (remove marker this round)

Hand

Complete 18 rounds following chart (rows 7-12, 1-12), all palm side sts are knit.
Your mitten now has 4 total pattern repeats.

Mitten Tip

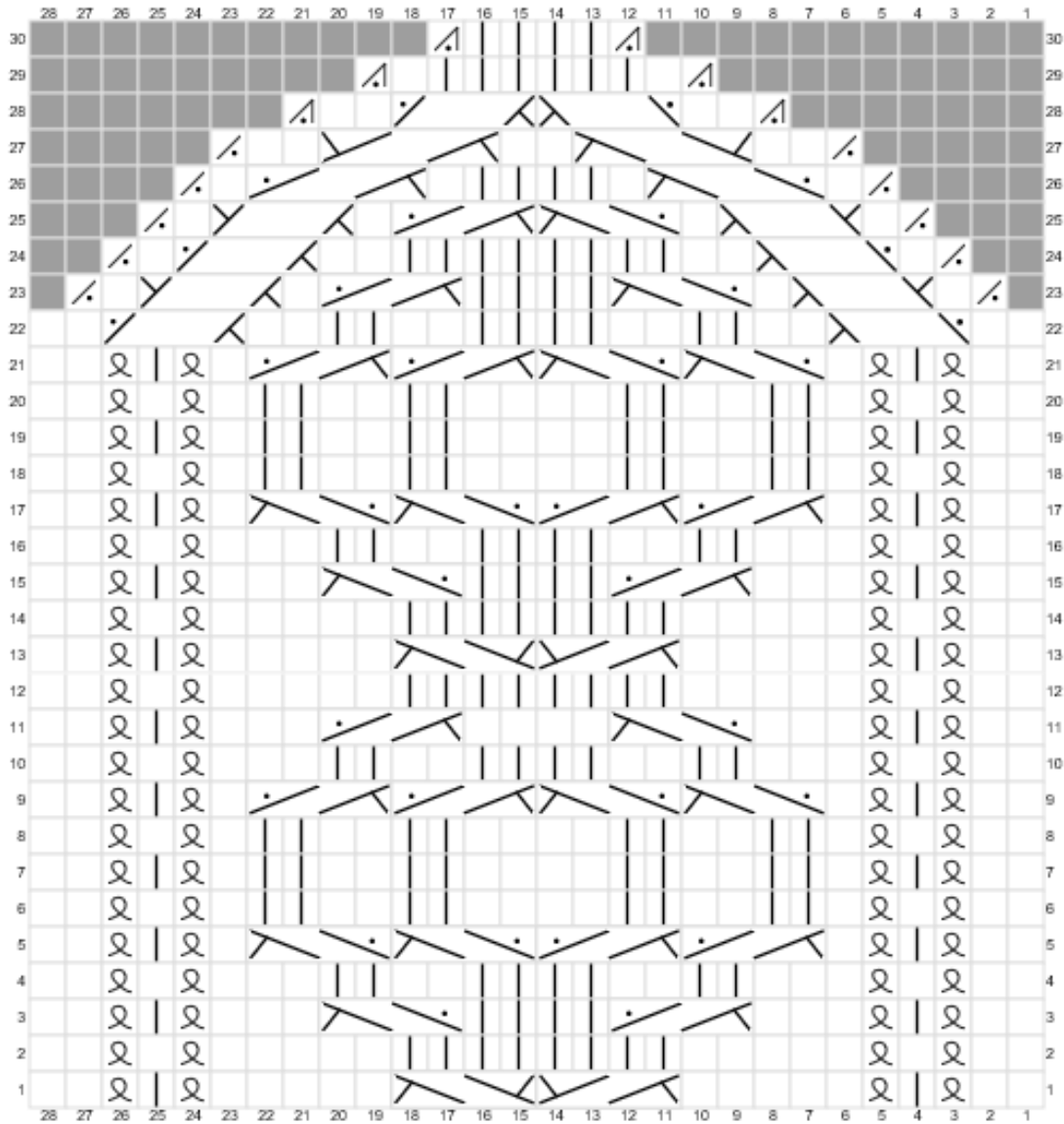
Follow chart rows 13-30, on palm side of mitten complete decreases on the same rows as cable side decreases (rows 23-30)
Decreases on palm side of mitten if decreases are p2tog: SSK, k until 2 sts remain, k2tog.
Decreases on palm side of mitten if decreases are p3tog: SSSK, k until 2 sts remain k3tog.
Cut yarn and pull through remaining 10 sts.

Thumb

Move 12 sts from scrap yarn to needles and pickup 6 sts (4 from CO, 1 on either side) – 18 sts
Rounds 1-20: Knit all sts
Round 21: k2tog* repeat to end of round
Cut yarn and pull through remaining 9 sts

Finishing

Weave in all ends.



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| | : blank box = purl |
| | : ktbl = knit through the back loop |
| | : knit |
| | : no stitch |
| | : p2tog = purl 2 together |
| | : p3tog = purl 3 together |
| | : 2 on cable needle hold in back, k2; from cable needle k2 |
| | : 2 on cable needle hold in front, k2; from cable needle k2 |
| | : 2 on cable needle hold in back, k2; from cable needle p2 |
| | : 2 on cable needle hold in front, p2; from cable needle k2 |
| | : 3 on cable needle hold in front, p1; from cable needle ktbl, p1, ktbl |
| | : 1 on cable needle hold in back, ktbl, p1, ktbl; from cable needle p1 |
| | : 3 on cable needle hold in front, p1; from cable needle ktbl, k1, ktbl |
| | : 1 on cable needle hold in back, ktbl, k1, ktbl; from cable needle p1 |
| | : 3 on cable needle hold in front, p2; from cable needle ktbl, p1, ktbl |
| | : 2 on cable needle hold in back, ktbl, p1, ktbl; from cable needle p2 |
| | : 3 on cable needle hold in front, p2; from cable needle ktbl, k1, ktbl |
| | : 2 on cable needle hold in back, ktbl, k1, ktbl; from cable needle p2 |